



# COMOX VALLEY COUGARS TRACK & FIELD CLUB

## MEMBERSHIP APPLICATION 2018

NAME: \_\_\_\_\_  NEW  RETURNING BCA# \_\_\_\_\_

DATE OF BIRTH (YYYY/MM/DD): \_\_\_\_\_ GENDER: M F

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ POSTAL: \_\_\_\_\_

PHONE: \_\_\_\_\_ CELL: \_\_\_\_\_ EMAIL: \_\_\_\_\_

PARENT/GUARDIAN: \_\_\_\_\_ PARENT/GUARDIAN: \_\_\_\_\_

PLEASE LIST ANY ALLERGIES, MEDICATIONS, OR HEALTH CONCERNS THAT THE CLUB SHOULD BE AWARE OF:  
\_\_\_\_\_

### What Will You Do?

#### Sprints

- 60m
- 100m
- 200m
- 400m

#### Mid Distance

- 800m
- 1500m

#### Hurdles

- Sprint Hurdles
- Dist. Hurdles

#### Jumps

- High Jump
- Long Jump
- Triple Jump

#### Throws

- Javelin
- Discus
- Hammer
- Shor Put

Cougars places an emphasis on complete training & encourages participation across all event groups.

### MEMBERSHIPS (PLEASE CHECK ONE, AND CIRCLE THE APPLICABLE TOTAL)...

NOTE: AGES ARE CALCULATED AS OF DECEMBER 31ST, 2018

	JD (10-13)	MIDGET (14/15)	YOUTH (16/17)	JUNIOR (18/19)	SENIOR (20-34)	MASTER (35+)
<input type="checkbox"/> <b>COMPETITIVE</b>	\$219	\$219	\$219	\$219	\$219	\$219
For athletes wanting to compete at local, provincial, & national level meets (all are optional) Up to 3 training sessions per week. All sessions & competitions are optional Island series meet fees are included (Victoria Dogwood excepted), others assessed individually BC Athletics fees are annual, Club fee covers competitive season (March-August). Fall training available.						
+ BC Athletics/Sport BC						
Annual Fee	\$60	\$73.50	\$94.50	\$94.50	\$94.50	\$63
<b>TOTAL:</b>	<b><u>\$279</u></b>	<b><u>\$292.50</u></b>	<b><u>\$313.50</u></b>	<b><u>\$313.50</u></b>	<b><u>\$313.50</u></b>	<b><u>\$282</u></b>

<input type="checkbox"/> <b>TRAINING ONLY</b> (ALL AGES)	\$149
March through June Only	
1 training session per week (see website for schedule)	
Upgrade to full competitive at any time	
+ BC Athletics/Sport BC Annual Fee	\$15.75
<b>TOTAL:</b>	<b><u>\$164.75</u></b>

All memberships now include a Cougars T-Shirt!

Also look for our special "Spring Into Track", "Spring Break Camp", and "Summer Track Camp" available through the Courtenay Recreation Association's 'Recreation Reporter'.

### VOLUNTEER HOURS

Your help is needed to make every Cougars season a success!

Please indicate which activity you could donate a few hours to each month...

- Coaching
- Admin/Exec
- Fundraising



Please complete this form & bring to your first training session along with payment