



COMOX VALLEY SOLSTICE MEET 2018

CO-HOSTED BY...
COMOX VALLEY COUGARS, CAMPBELL RIVER COMETS, & POWELL RIVER BREAKERS

Meet Information Package

This is a Vancouver Island Series meet
Sanctioning provided by BC Athletics
Official meet website : ComoxCougars.org

Meet Director : Graham Morfitt 250.338.4191 gморfitt@shaw.ca
Meet Manager : Anna Horel 250.480.8548 anna.e.horel@gmail.com
Officials : Vince Sequeira 250.850.9616 sequeiravin@gmail.com

Meet Date/Start : June 23rd, 10AM / June 24th, 9AM

Location : Vanier Oval, Comox Valley Sports Centre
3001 Vanier Drive, Courtenay, BC

Facilities : 8-lane track with rubberized surface including all runways & high jump
Max spike length : 7mm (track), 9mm (field)
Hammer/Discus cage maximum sector distance is 66m

Registration : Pre-Registration via TrackieReg.com
Website: www.trackiereg.com/2018Solstice

Meet Fees : VIAA Member Club Athletes :
(9-13 years) 1-Day : \$15
(9-13 years) 2-Days : \$22
14-Years & Older : \$11/event (to a max of \$22)
Unattached & non-VIAA Club Athletes (must be BCA or AC members) :
\$15/event
School-aged athletes without BCA/AC number :
As above plus additional \$3 fee for
'Day Of Event BC Athletics Membership' registration
Compete under school name
Code for Trackie: bchsmember
All cheques payable to : Comox Valley Cougars Track & Field Club

Registration Chair Graham Morfitt (gморfitt@shaw.ca)

Entry Deadline All entries must be received no later than
12:00 midnight, Wednesday June 20th, 2017
Due to seeding, we can NOT add athletes to races (same-day).
If you are registered for the meet, you may add a late field event.

Package Pick-Up Club registration packages will be available for pick-up at the
"Registration & Information" table starting Saturday 8:00 & Sunday 8:30.
Payment is required at time of package pick-up.

Competition Numbers Numbered bibs will be assigned to all athletes
and must be worn during all competitions.
> Track events from 100 to 400 metres will have numbers on the back.
> Track events 600 metres and longer will have numbers on the front.
> Field event numbers may be worn on the back or the front.

Coaches Meeting : Saturday June 23rd, 9:30am at the equipment shed



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Meet Information Package - Continued

- Events Offered :** We regret not being able to offer Triple Jump, Pole Vault or Steeplechase Heats & finals for 14+ age groups in 100m, distance hurdles, & sprint hurdles
Check the website for the latest schedule
ComoxCougars.org
- Track Events :** **Check-in for track events: 30min prior to scheduled time, at marshalling tent**
Please refer to the meet schedule for the order of events
Announcements will be made over the PA system
It is the responsibility of athletes to report to events on time
- Starting blocks will be provided (midget 14 & older only)
Electronic Timing provided by BC Athletics
- Field Events :** **Check-in for field events: 15min prior to scheduled time, at event site**
JD9-JD13 age groups (2009-2005) : Limited to 3 attempts
Midget 14/15 & Older (2003+older) : Top 8 results from first 3 rounds will advance to final & 3 more attempts
Equipment will be supplied.
Athletes are welcome to bring implements (verification weigh-in provided)
- Age Categories :** Junior Development : JD9-JD13 (2009-2005)
Midget 14/15 (2003/2004)
Youth 16/17 (2001/2002) : Will compete in the 'Open' category
Junior 18/19 (1999/2000) : Will compete in the 'Open' category
Senior 20-34 (1998-1983) : Will compete in the 'Open' category
Master 35+ (1982+older) : Will compete in the 'Open' category
(5-year increments for masters division)
Each age group will be scored separately
- Track : Age groups may be combined as necessary (refer to meet schedule)
Field : Age groups may be combined (refer to meet schedule)
- Awards :** Awards for 1st through 8th place in each event.
- VIAA Club Assignments :**
- | | |
|------------------------------|-----------------------|
| Alberni Valley Track Club | Shot Put |
| Campbell River Comets | Long jump |
| Comox Valley Cougars | Hammer |
| CVAC | High Jump |
| Nanaimo Track & Field Club | Finish Line |
| Oceanside Track & Field Club | Javelin |
| Pacific Athletics | Discus |
| Peninsula Track & Field Club | Assist: Long Jump |
| Powell River Breakers | Assist: Discus/Hammer |
| Victoria Track & Field Club | Timing |
- Meet Info Updates :** Updates to meet information will be posted to the website
ComoxCougars.org
Please check for revisions
- Accommodations :**
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| Travelodge | http://www.travelodge.ca |
| Comox Valley Inn | http://www.comoxvalleyinn.com |
| Best Western | http://bestwesternbc.com |
| Puntledge Camp Ground | http://www.puntledgerv.com |

Billeting with club families is also available if needed.