

Comox Valley Cougars 2019 Membership Application



Membership Types

Competitive

For more serious athletes wanting to develop their skills & fitness. Compete at local, provincial, & national level meets.
JD : Up to 3 training sessions /week
U16 & Older : Up to 5 sessions /week
All training sessions are optional, so don't feel bad for missing a few.
Competitions are also a-la-carte..
Island Series meet fees (with the exception of Victoria) are included in the membership.

Cougars places an emphasis on complete training. Coaches work to coordinate practice sessions in order to provide athletes with a broad experience. As athletes advance in age groups, a natural tendency towards specific events is supported.

Training-Only

For those just wanting the fun & fitness of track & field training without the need for competition. Also great for those just wanting to try the sport for the first time.
All Ages : 1 training session /week

Comox Valley Cougars
Track & Field Club
4339 Brookdale Cres
Courtenay, BC V9N 9R7
250.338.4191
gmorfit@shaw.ca

Name: _____ New ___ Returning

DOB : (yyy/mm/dd) : _____ Gender : M / F

Parent / Guardian : _____

Address : _____

City : _____ Postal : _____

Phone : _____ Email : _____

Please list any health concerns, allergies, or medications that the club should be aware of...

_____ **T-shirt, new season, new design. Yes please. FREE**

_____ **Hoodie for me please. No t-shirt. \$15.00**

_____ **Both Hoodie and t-shirt please. \$25.00**

_____ **Add name to Hoodie. \$10.00 Name: _____**

Memberships

Please check one type (age groups are calculated as at December 31, 2019)

_____ Cougars Competitive Member (JD, Master) : \$250

_____ Cougars Competitive Member (U16, U18, U20, Senior) : \$275

Add: Provincial Sport Fee

Age Group

JD (9-13) : \$60

U16 (14-15) : \$73.50

U18 (16-17) : \$94.50

U20 (18-19) : \$94.50

Senior (20-34) : \$94.50

Master (35+) : \$63

_____ Cougars Training-Only Member : \$169

Add: Provincial Sport Fee (all ages) : \$15.75

Volunteering

Cougars is 100% volunteer run. Volunteers make track happen!

By signing up for the Cougars Track and Field Club I _____ agree that my family will volunteer at the Comox Valley Cougars Solstice Meet **June 22/23**. I also agree that my family will volunteer at the **Hammer Cage** all Island Series track meets we attend.