

# Comox Valley Great Physical Distancing Field Meet

July 3, 2021

Hosted By: Comox Valley Cougars

*Sanctioning provided by BC Athletics*

*Official meet website : [ComoxCougars.org](http://ComoxCougars.org)*

*Meet Director/Manager : Graham Morfitt 250.338.4191 [gморfitt@shaw.ca](mailto:gморfitt@shaw.ca)*

*Officials : TBD*

## Location :

Vanier Oval, Comox Valley Sports Centre

3001 Vanier Drive, Courtenay, BC

Facilities :

30m javelin synthetic runway (9mm max spike length)

Hammer/Discus cage maximum sector distance is 66m

## Registration :

Email entries to [gморfitt@shaw.ca](mailto:gморfitt@shaw.ca)

Meet Fees : None

Registration Chair : Graham Morfitt ([gморfitt@shaw.ca](mailto:gморfitt@shaw.ca))

Entry Deadline : Thursday July 1st, 2021

Event Entry Capacity : Events will be limited to a maximum of 8 athletes across all age groups.

Age Groups : JD13, U16, U18, U20, Open, Masters

All events are combined age groups

JD13 age group : Limited to 3 attempts

U16:U18:U20 & Older (2007 & older) : 6 attempts

Equipment will be supplied for Comox Valley Cougars athletes only.

Athletes are welcome to bring implements (verification weigh-in provided)

## **SPECIAL NOTES**

**This competition is being held with strict COVID-19 protocols in place.**

Entries are restricted to the Comox Valley Cougars throwing group,

and Provincial Pacific Sport VI member athletes with approval of the entry chair.

Athletes are required to maintain 2m physical distancing in all areas of the facility at all times.

Athletes are required to wear masks when in the competition area in closer than 2m proximity, but not required while competing.

Please come prepared for all weather conditions.

Shade & water station will be provided.

No concession on-site.

Meet Schedule / Start Time :

Warm-up opens at 9am.

Women with throw first, followed by Men

10:00am : Javelin

11:30am : Shot Put

1:00pm : Long Jump

2:00pm : Discus

3:30pm : Hammer

5:00pm : High Jump